MENTAL HEALTH RESOURCES

WE ARE ALL TREATY PEOPLE
Prairie South Schools

CRISIS SUPPORTS

Emergency: 9-1-1
Kids Help Phone: 1-800-668-6868 or Text 686868
Saskatchewan Health Line: 8-1-1
Saskatchewan Resource Line: 2-1-1
Suicide Crisis Helpline: 9-8-8

Kids Help Phone

HOMEBASE MOOSE JAW

Phone: 306-694-5554
Email: homebase@regina.ymca.ca
Website: https://homebasesask.ca/hubs/moose-jaw/#toggle-id-3

HOMEBASE
For Youth By Youth

MENTAL HEALTH AND ADDICTIONS

Phone: 306-691-6464 (Moose Jaw)
Website: https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/mental-health-and-addictions

Saskatchewan Health Authority

MOOSE JAW FAMILY SERVICES

Phone: 306-694-8133
Email: contact@mjfamilyservices.ca
Website:
https://www.mjfamilyservices.ca/home/contact/

RAPID ACCESS COUNSELLING

Email: RAC@mjfamilyservices.ca
Website: https://www.counsellingconnectsask.ca/
Youth Booking:
https://launch.caredove.com/ccsyouth

Counselling Connect Saskatchewan
A project by FAMILY SERVICE SASKATCHEWAN

LINK: OUTSIDE AGENCIES GUIDE ✦ LINK: PSSD MENTAL HEALTH ROOM